

11 December 2009

Sound Oil plc (the "Company")

Director's shareholding

The Company received notification on 11 December 2009 that on that date 2,000,000 ordinary shares in the Company beneficially owned by Jusuf Rachmantio (a director of the Company) were sold at a price of 1.6p per share. Following this sale he owns 32,975,662 shares (representing approximately 4.8% of the Company's issued share capital).

Further information on the Company can be found at www.soundoil.co.uk.

For further information please contact:

Sound Oil Gerry Orbell, Chairman	07903 861145
Smith & Williamson Corporate Finance - Nomad Azhic Basirov David Jones	020 7131 4000
Evolution Securities - Joint Broker Tim Redfern	020 7071 4300
Religare Hichens, Harrison – Joint Broker Daniel Briggs	020 7382 7776
Buchanan Communications Tim Thompson	020 7466 5000