

8 December 2009

Sound Oil plc (the "Company")

Director's shareholding

The Company received notification on 7 December 2009 that on that date Jusuf Rachmantio (a director of the Company) sold 500,000 ordinary shares in the Company at a price of 1.7p per share. For personal reasons he intends to sell approximately a further 7,500,000 shares in conjunction by the Bank of Scotland (which holds these shares as security). This is a limited sale and he intends to continue holding his remaining 27.5 million shares (representing approximately 4.0% of the Company's issued share capital).

Further information on the Company can be found at www.soundoil.co.uk.

For further information please contact:

Sound Oil	07903 861145
Gerry Orbell, Chairman	
Smith & Williamson Corporate Finance - Nomad	020 7131 4000
Azhic Basirov	
David Jones	
Evolution Securities - Joint Broker	020 7071 4300
Tim Redfern	

Religare Hichens, Harrison - Joint Broker	020 7382 7776
Daniel Briggs	
Buchanan Communications	020 7466 5000
Tim Thompson	